



Selfridge Community Service Notes 'n Stuff

04 Vol 2 No. 5



*Happy 58th Birthday
18 Sep 1947
United States Air Force*



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Army One Source Anytime Anywhere Online: <http://www.armyonesource.com> User ID: army Password: onesource
Telephone: 1-800-464-8107 En español, llame al 1-888-375-5971 TTY/TTD: 1-800-346-9188

Selfridge Community Service Events

October

- TBD Red Ribbon Week
- 6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 12-15- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949
- 13-Army Family Team Building Class, Level II "Volunteer Management-Marketing Volunteer Experience" Teaches methods of recruitment, training, retention, validation, and recognition of volunteer experience as a resource of seeking paid employment. Register by 4 Oct 307-5903

November

- 4-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 17-Army Family Team Building Class Level III "Personality Traits" Course instruction describes methods of determining various personality traits and how to benefit from those traits. Register by 8 Nov 307-5903

December

- TBD- Selfridge Family Forum 2004 Issue update Call 307-5903
- 2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 11-Army Family Team Building Class, Level I 8 a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 3 Dec. Call 307-5903
- 15 & 16-Army Family Team Building Instructor Training. Bldg 780, Rm 106 11 a.m. - 4 p.m. This enables interested volunteers to conduct any level of AFTB classes. Register by 6 Dec. Call 307-5903
- 16- RACC Meeting, Bldg 970, for info call 307-5949

Selfridge Community Service Events

January 2005

- 6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

February 2005

- 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949

March 2005

- TBD- Selfridge Family Forum 2005 Call 307-5903
- 3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 17- RACC Meeting, Bldg 970, for info call 307-5949

April 2005

- 7-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- TBD Volunteer Recognition Ceremony
- TBD AER Campaign Kickoff

May 2005

- 5-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- TBD Military Spouse Day

June 2005

- 2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- TBD AER Campaign recognition ceremony.

Selfridge Community Service Events

July 2005

7-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

25 Army Community Service birthday

August 2005

4-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

September 2005

1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

END AND A BEGINNING

I am heading for another chapter of my life, retirement.

I'm glad to have the opportunity to serve briefly in the Navy, and work for the Army for so many years. Military people are the most interesting folk you will find. Where else can you and friends be talking about travels in Europe, Asia, and serving in many different parts of the USA?

Remember bratwurst mit brochen? Real ramen soup, sushi, undon, crayfish, quahog clam chowder, blue crabs? Seeing beer on the menu in at a McDonalds in Germany. AFRTS TV and radio?

Oh well these are memories I wil cheresh for the rest of my life.

Notes 'n Stuff will continue under the MWR Marketing department. Specific distribution schedules are still being determined.

Dave

OBTW, the names in the background are my tribute to those members of the Department of Defense and Homeland Security that lost their lives starting with the attack on the Pentagon on 9/11.

DON'T GET CAUGHT IN CROOK'S 'PHISHING' NET

by 1st Lt. Daniel Vaillant 81st Training Wing Staff Judge Advocate
Office

KEESLER AIR FORCE BASE, Miss. (AFPN) -- . . .

"Phishing" is an Internet e-mail scam that tricks individuals into revealing personal information, including Social Security numbers, bank account numbers and passwords.

Typically, the e-mails involve Web sites with familiar logos and companies, like Citibank or PayPal. The Web sites are replicas, and once Internet users enter, they are often urged to "confirm" information that was supposedly lost or misplaced. After users provide the information, their identity is compromised and money starts disappearing.

To protect themselves, Internet users need to first recognize the e-mail as a scam. There are several indicators:

- The e-mail asks for personal information. Legitimate businesses do not request such information through e-mails. Banks and credit card companies do not need people to provide that information; they already have it.
- The e-mail does not address the recipient by name.
- The e-mail does not reference a partial account number.
- The e-mail warns that accounts will be closed unless the user reconfirms his or her information immediately.
- The e-mail warns the user he or she has been the victim of fraud.
- The e-mail contains spelling or grammatical errors.

Other ways to protect personal information include:

- Contacting the business and verifying the message is genuine.
- Adopting a general rule not to send personal information over the Internet unless the user made contact first.
- Contacting legitimate businesses that are being victimized to put them on alert.

From Air Force Retiree News Service

SELFRIDGE FAMILY FORUM UPDATE

Second quarter issue updates of the 2004 Selfridge Family Forum
Group: CONSUMER SERVICES

Title: Commissary Ready to Eat Food Enhancement

Scope: The ready to eat food area is nonexistent. Currently there is one table, but no facility to sit and have lunch. Would give members low price healthy alternative. Already being offered by major competitors.

Recommendations: 1) Introduce pasta salad bar, 2) Enlarge seating area and provide microwave for home ready foods., 3) Centrally locate grab and go area near seating.

Commissary's Response: I regret to advise that the Commissary will not be able to support the attached 2nd Qtr SFF Issues request/recommendations as stipulated based on the reasons indicated below. However please note alternative actions that we are in the process of introducing with the same concept of enhancing the "Grab and Go" Section.

1) Current area by Deli/Bakery is not designated as a ready to eat food area nor intended to be. The actual purpose of the table is for customers to be able to sit and enjoy the free coffee offered by the bakery

2) Current Contract and designated contractor can not provide pasta salad bar. Additionally, current floor space not sufficient to support request.

3) The Defense Commissary Agency Designated area for the "Grab and Go" items is adjacent or near the express line. The reason for the Grab and Go section is for our soldiers/customers who are on the go or at lunch and need a quick dinner to be able to get prepared lunch/Dinner items, to include sodas, ships and use the express line to expedite their purchase.

Alternative actions

A) The Deli/Bakery department will begin introducing hot sandwiches by approximately mid September pending installation of required equipment.

B) The Grab and Go section will be relocated to the area adjacent to register #12 This will become the express line

C) The Grab and Go product selection will be increased to include additional items.

A list of the status of all issues is posted on the Selfridge Community Service homepage webpage on the Garrison website.

OPERATION PURPLE MEETS CRITICAL MILITARY FAMILY NEED

A key purpose of Operation Purple is to communicate with children of deployed service members, explains National Military Family Association executive director Julia Pfaff. . . The program is co-sponsored by the Defense Department, the National Military Family Association, and Sears, Roebuck and Co., which donated \$2 million to the NMFA for programs that address challenges faced by military families.

The company will support an expanded Operation Purple next year, said Sears' official Robert J. O'Leary. Operation Purple youth camps are cost-free - except for a small registration charge - for children of active, reserve, and National Guard members.

Besides group discussions led by a motivational speaker, the camps feature a variety of children's recreational activities. For more information, visit www.nmfa.org/programs/operationpurple/index.php.
From Armed Forces News Issue: Fri, Aug. 20, 2004



Yom Kippur
September 25, 2004

WORTH REPEATING

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z

1	6	7	24	21	24	16	21	3	9	11	24	16	7	18	14	19	24	16	9	24				
9	6	21	11	23	18	21	24	23	25	23	13	7	18	19	9	18	11	3	13	24				
1	6	7	24	21	24	16	21	14	23	23	11	24	16	7	18	14	19	24	16	9	24			
16	9	22	22	21	18	24	23	25	23	13	23	18	9	22	7	21	20	21	23	10				
15	9	6	3	4	21																			

AAFES RELEASES 2004 HOLIDAY
ELECTRONICS CATALOG

Release No. 09-11-04
Sept. 16, 2004

The 2004 Holiday Electronics Exchange Catalog is now available for free, at all Army and Air Force Exchange Service main stores and online at www.aafes.com.

According to Marketing Senior Vice President Mike Westphal, the large selection of electronic gifts is designed to appeal to the Exchange's tech savvy customers. "Today's military customer demands products that are on the cutting edge," said Westphal. "They work with evolving technology everyday and are eager to incorporate the newest electronics into their off-duty hours as well."

Prices in this all-services catalog are valid Sept. 10 through Dec. 31, 1004. - , 2004 - December 31, 2004 and anyone with Exchange privileges can order from it.

Orders can be placed by mail, fax or phone. To place orders toll free from the United States, Puerto Rico or Guam just call 1-800-527-2345. The Exchange Catalog center is open around-the-clock, seven days a week and complimentary international access calling is available from several countries.

Authorized customers can also shop the 2004 Holiday Electronics catalog on the Internet at aafes.com, usmc-mcss.org, mavy-nex.com or cg-exchange.com.

Earnings generated by purchases in the Exchange and Exchange Online Store as well as Exchange Catalogs such as Holiday Electronics are returned to the military community in the form of funding for Morale, Welfare and Recreation facilities and programs.

from the Air Force Retiree News





MWR HAPPENINGS

Selfridge MWR activities and services are open to active duty, reserve, retired, federal civilian employees, contractors, and family members from of the above and from any branch of the service.

The Matting & Framing/Photo Center in building 780, offers darkroom facilities, a wide stock of supplies for sale, photo instruction on camera operation, darkroom procedures and advanced techniques. Call (586) 307-6848 for details.

Hours of Operation

Monday & Tuesday 3:00p.m. - 9:00p.m.

Saturday and Sunday 12:00p.m. -6:00p.m.

(Closed Wednesday, Thursday and Friday)

The Employee Assistance Center

hosts:

Anita Teller RN,

from St. Joseph Mercy Breast Health Center

A Lunchtime Workshop Room 104, Bldg 780 Noon – 1 PM

Tuesday, Oct 5, 2004

We are also looking for walkers for the American Cancer Society's annual Making Strides for Breast Cancer Walk on Belle Isle, Saturday, October 16th. Come join a team of co-workers and friends. Contact Anna Samulski x 5211, Shannon Wend x 5202 or Nancy Mitchell x5574

SMOKING CESSATION

A series of six motivating support classes will be held on Tuesday mornings, beginning 26 October through 7 December from 9:00 A.M. to 10:00 A.M. Bldg. 780 Room 104

Contact the Health Clinic/Employee Assistance Programs at 586-307-5711/5211 for additional information and enrollment by Oct 15, 2004

2 For 1 Bowling

Selfridge Bowling Center now offers 2 for 1 bowling every Monday and Saturday, 11 a.m. to 9 p.m. Shoe rental is included! This offer is valid to all patrons through Labor Day.

LEARN THE ABC'S OF INFANT AND CHILD CPR

Day: Saturday 25 SEPTEMBER 2004

Time: 9:30 AM – 3:00 PM

Cost: \$20.00 (Manual & Skill Card)

Class Limit: 6 min. – 10 max.

Pre-registration & pre-payment required.

To register come by room Child & Youth Services Room 15 Building 780, Selfridge ANG Base

For more information call Enid B. Rivera @ (586) 307-2008/4840

Class is open to Selfridge Community Parents

3 ON 3

BASKETBALL TOURNY

25-26 September 2004 Sports Center - Bldg 165 Selfridge, MI

Games begin at 9:00am

Each participant receives a Tourney T-Shirt

Double Elimination

Seeding based on random drawing Awards for 1st, 2nd and 3rd Place

Teams guaranteed 2 games 3 point Shooting Contest Must be age 17 and older to participate

REGISTRATION:

\$60 Entry Fee Due By 23rd September

\$40 Returning 2003 Teams

Registration Forms available at the Sports Center

Contact (586) 307-5571 for information

CAPTION CONTEST Last Edition



I don't see you.

No, don't look at the monitor, I'm in the picture. See me? Way in the back, next to that white building.....:)

MARK L. MANOR, LtCol
127th Medical Group

See right there, ... It's a large white rabbit with a vest and a large pocket watch.

Notes 'n Stuff

An Unofficial Publication

Editor Dave Colangelo

U.S. Army Garrison-Michigan

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